


# Surgery Medication Instructions


Surgery Date: \_\_\_\_\_

Right Eye


Left Eye

**WEEK 1** 

Day of Surgery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 6	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 7	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**WEEK 2** 

Day 8	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 9	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 10	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 11	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 12	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 13	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 14	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**WEEK 3** 

Day 15	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 16	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 17	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 18	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 19	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Day 21	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**POSTOPERATIVE RESTRICTIONS (FOR ONE WEEK)**

- Do not rub the eye and sleep with the protective eye shield
- No water directly into eye and no swimming
- No lifting more than 15 pounds
- No high impact activities (light aerobics are okay such as stationary bike)
- Avoid getting dust, dirt, debris, and makeup in the eye

**POSTOPERATIVE INSTRUCTIONS**

- The vision may be foggy the first few days and gradually improve
- The following symptoms are normal the first few weeks following surgery:
  - » Scratchy or achy feeling
  - » Few black "shadows"
  - » Sensitivity to light
- For additional comfort, you may use over the counter Tylenol or Advil, take according to directions on the bottle and your personal physician
- It is okay to remain on your usual eye drops (artificial tears, glaucoma medicine, etc)
- It is okay to read and watch TV

If you have worsening pain or sudden vision loss, call us immediately at 281-800-1585. During overnight and weekend hours you will be directed to our voicemail system, please dial 0 during the prompt and you will be transferred to the doctor. If you cannot get in touch with the doctor, then go to the nearest ER.

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